

P.O. Box 208, FIVE DOCK N.S.W. 2046

COME FORWARD - June 2019

World Rowing Program 2019

World Cup II	Fri 21/06/2019 – Sun 23/06/2019	Poznan	Poland
U21 Trans Tasman	Thu 27/06/2019 – Sat 29/06/2019	Round 1, SIRC	Australia
Henley Royal	Wed 03/07/2019 – Sun 07/07/2019	Henley on Thames	England
World Cup III	Fri 12/07/2019 – Sun 14/07/2019	Rotterdam	Netherlands
World U23 Chs	Wed 24/07/2019 – Sun 28/07/2019	Sarisota-B..., Florida	USA
World Junior Chs	Wed 07/08/2019 – Sun 11/08/2019	Tokyo	Japan
U21 Trans Tasman	(Fri 20/08/2019 – Sun 22/08/2019)*	Venue?	New Zealand
World Rowing Chs	Sun 25/08/2019 – Sun 01/09/2019	Linz	Austria
World Masters Chs	Wed 11/09/2019 – Sun 15/09/2019	Budapest	Hungary

* dates and Venue to be confirmed.

This section lists the NSW representatives in the various Australian teams for the World Championships events above.

NSW Rowers in the Australian Team for World Cup 2.

Final crews have been confirmed in this item from Rowing Australia

<https://rowingaustralia.com.au/2019/06/18/australian-rowing-team-confirmed-for-world-rowing-cup-2/>

Lightweight Men's Single Scull

Sean Murphy Mosman Rowing Club

Lightweight Men's Double Scull

Leon Chambers Sydney University Boat Club

Men's Double Scull (#1)

Hamish Playfair UTS Rowing Club
Campbell Watts Sydney University Boat Club

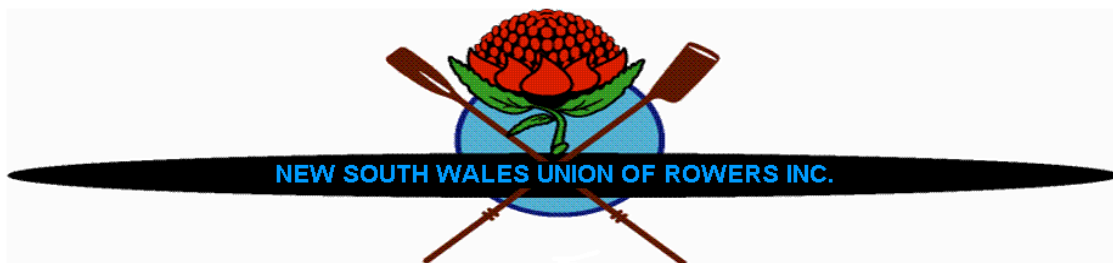
Men's Double Scull (#2)

David Bartholot Sydney University Boat Club

Men's Coxless Four

Timothy Masters UTS Rowing Club
Nicholas Purnell Sydney University Boat Club
Jack Hargreaves Sydney University Boat Club
Jack O'Brien Sydney University Boat Club

Men's Quad Scull



P.O. Box 208, FIVE DOCK N.S.W. 2046

Cameron Girdlestone	Sydney University Boat Club
Alexander Purnell	Sydney University Boat Club
David Watts	Sydney Rowing Club

Men's Eight

Robert Black	Mosman Rowing Club
Angus Moore	Sydney Rowing Club
Joshua Hicks	Sydney Rowing Club
Spencer Turrin	Sydney Rowing Club
James Medway	UTS Rowing Club
Cox: Kendall Brodie	Sydney Rowing Club

Men's Reserve

Sam Hardy	Sydney Rowing Club
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PR1 Men's Single Scull (World Cup 2 only):

Erik Horrie	Sydney Rowing Club
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Women's Lightweight Double Scull

Sarah Pound	UTS Rowing Club
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Women's Double Scull

Genevieve Horton	Sydney University Boat Club
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Women's coxless Pair (#2)

Georgina Gotch	Sydney University Boat Club
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Women's Quad Scull

Fiona Ewing	Sydney University Boat Club
Rowena Meredith	Sydney University Boat Club

Women's Eight

Leah Saunders	Sydney Rowing Club
Georgina Rowe	UTS Rowing Club

NSW has 21 of the 28 rowers in the Men's team, 7 of the 26 in the Women's team and overall 28 of the 54 in the total team, indicating that Elite rowing in NSW is very healthy.

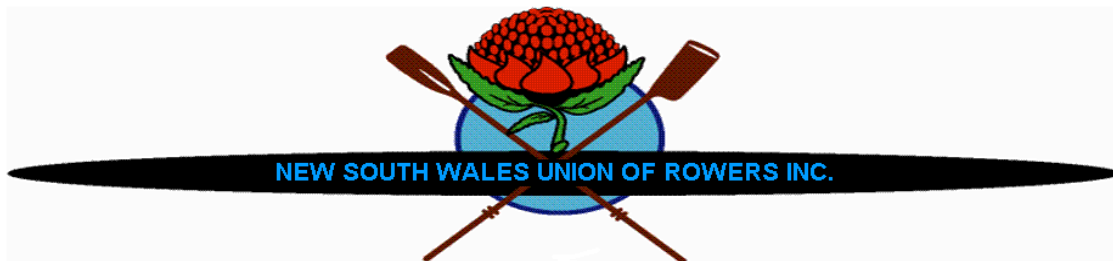
NSW Rowers in the Australian Team for the U23 World Championships

Women's Lightweight Single Scull

Georgina Masters	UTS Rowing Club
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Women's Double Scull

Harriet Hudson	Sydney Rowing Club
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P.O. Box 208, FIVE DOCK N.S.W. 2046

Women's Coxless Pair

Tara Rigney	Sydney University Boat Club
Dyone Bettega	Sydney University Boat Club

Women's Coxless Four

Grace Reid	UTS Rowing Club
Nicela Martincic	UTS Rowing Club

Men's Coxless Four

Nick Lavery	UTS Rowing Club
Marcus Britt	Sydney University Boat Club
Will O'Shannessy	Sydney University Boat Club

NSW Rowers in the Australian Team for the U21 Trans Tasman Series 1st Leg

Women's Single Scull

Adelaide Scott	UTS Rowing Club
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Women's Coxless Pair

Lauren Graham	Sydney Rowing Club
Isabelle Furrer	Sydney Rowing Club

Coxswains

Talia Barnet-Hepples	Sydney University Boat Club
Andrew Le	Sydney University Boat Club

NSW Rowers in the Australian Team for the Junior World Championships

Women's Double Scull

Sophie Houston	Sydney University Boat Club
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Men's Coxless Four

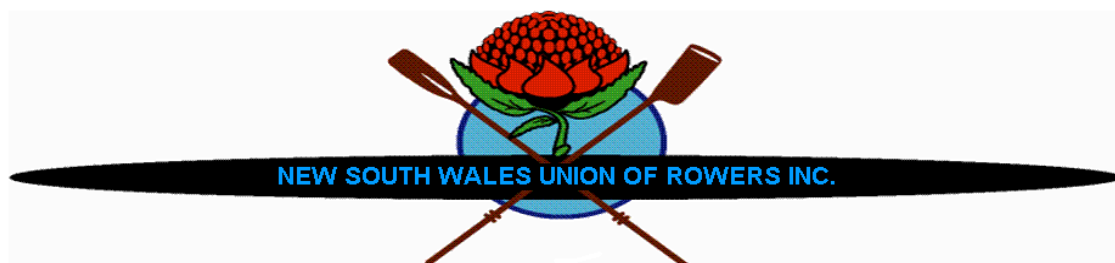
Torben Ungemach	Mosman Rowing Club
Nikolas Pender	Mosman Rowing Club

Men's Coxed Four

Nicholas Rath	Mosman Rowing Club
Lexi McClean	Mosman Rowing Club
Harry Keenan (Cox)	Sydney Rowing Club

NSW Rowers in the Australian Team for the INAS Global Games

The following is a quote from the web site for the Games (See the link below)



P.O. Box 208, FIVE DOCK N.S.W. 2046

“The INAS Global Games is the largest sporting event for elite athletes with an intellectual impairment. In Brisbane 2019, over 1000 elite athletes will compete across nine sports in a captivating and inspirational celebration of sport, culture and ability.”

<https://www.inasglobalgames.org/#the-games>

Bronte Marshall	Balmain Rowing Club
Julia Story	Drummoyne Rowing Club
Ruby Sutherland	Balmain Rowing Club
Eleanor Taylor	PLC Sydney/Balmain Rowing Club
Stephanie Walker	Balmain Rowing Club
Lauren Webber	Balmain Rowing Club
William Clifton	Leichhardt Rowing Club
Nikolai Olding	Balmain Rowing Club

The RNSW Club Point Score

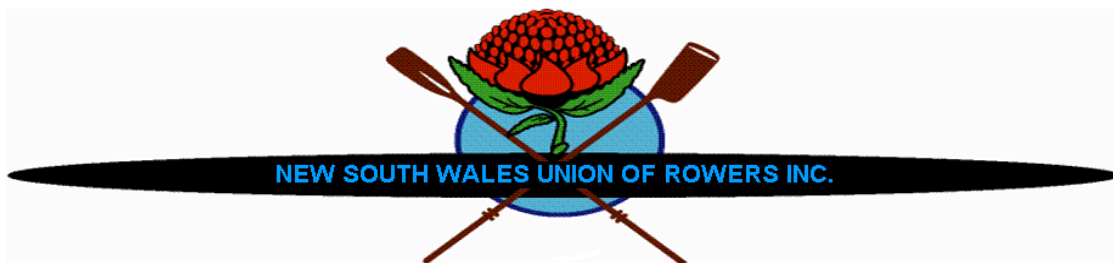
The final Point Score for the 2018-2019 season can be found at the following link

<https://s3-ap-southeast-2.amazonaws.com/piano.revolutionise.com.au/site/rqsa9rbtueoucfw6.pdf>

Leichhardt Rowing Club was this season’s premier club. The winners of most categories are covered in the Annual Awards Section to follow.

RNSW Annual Awards

Novice of the Year	Richard Ledger	Sydney University Boat Club
Cox of the Year	Kendall Brodie	Sydney Rowing Club
Volunteer of the Year	Graham Walker	
Schoolgirl’s Coach of the Year	Max Stanistreet	Queenwood School
	Ray Boyle	Queenwood School
	Charly Rose Iron	Queenwood School
Schoolboy’s Coach of the Year	Judith Ungemach	St Augustines College
Coach of the Year	Lachlan Carter	Sydney Rowing Club
The Governor’s Cup for Para Rowing	Anne Craig	Balmain Rowing Club
The President’s Award for Para Rowing	Julia Story	Drummoyne Rowing Club
Oarswoman of the Year	Emma Fessey	UTS Rowing Club
	Georgia Rowe	UTS Rowing Club
Oarsman of the Year	Nick Purnell	Sydney University Boat Club
Rusty Robertson MBE Award	Steve Sherry	Drummoyne Rowing Club
The Combined Junior Shield	Hunter Valley Grammar School	
The Combined U19 & U21 Shield	Sydney Rowing Club	
The Schoolgirl’s Shield	Loretto Kirribilli	
The Schoolboy’s Shield	Newington College	
NSWRA Schoolboy’s HOR Point Score	Newington College	



P.O. Box 208, FIVE DOCK N.S.W. 2046

Bohemia Crystal River Cup	Leichhardt Rowing Club
Spencer Grace OAM	
Combined Masters Shield	North Shore Rowing Club
NSW Honours Recipients Trophy	Sydney Rowing Club
Kevin Webb OAM	
NSW Point Score	Nepean Rowing Club
Para Shield	Balmain Rowing Club
CDRA Point Score	Hunter Valley Grammar School
NRRA Point Score	Murwillumbah Rowing Club
Elite & U23 Shield	Sydney University Boat Club
Senior & Open Shield	UTS Rowing Club
L E Stepto OAM Memorial	
Premiership Shield	Leichhardt Rowing Club

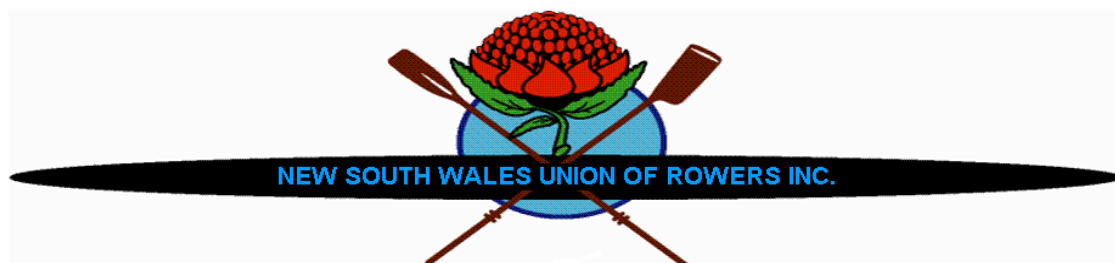
Union of Rowers Youth Development Scholarship recipients 2019

Sarah Abrams rows at Hunter Valley Grammar School and Sydney Rowing Club. In the 2019 Schoolgirl Head of the River, Sarah won the bronze medal in the Schoolgirl Single Sculls and placed fifth in the Schoolgirl Coxed Four. At the NSW Championships, Sarah won the bronze in the Under 17 Single Sculls and the gold medal in the Under 17 Double Sculls. At the 2019 National Championships, Sarah placed fourth in the Under 17 Single Sculls and rowed in the winning crew in the Under 17 Coxed Quad. Sarah was selected in the Under 17 Quad to represent Sydney Rowing Club at Henley Women's Regatta in the UK, and in the Diamond Jubilee Challenge Cup for Under 19 Quads at Henley Royal Regatta.

Hannah Cowap competes for Loreto Normanhurst and Sydney Rowing Club and is a highly successful coxswain. At the 2019 National Championships Hannah steered the winning Sydney Composite crew in the Under 23 Women's Eight and the winning Sydney Rowing Club crew in the Club Women's Eight and the winning NSW eight in the Interstate Women's Youth Eight. Last year Hannah was a member of the Australian Junior Women's Coxed Four which competed in the World Junior Rowing Championships, Racice, Czechoslovakia, gaining the Silver medal.

Lily Gavan began her rowing at Tara School and currently competes for Sydney Rowing Club. Lily is the Under 17 Sculling Champion of NSW and also rowed in the winning Under 17 Double Sculls. At the 2019 National Championships Lily won the silver medal in the Under 17 Single Sculls and rowed in the winning Under 17 Coxed Quad and in the winning Club Women's Eight. Lily was selected in the Under 17 Quad to represent Sydney Rowing Club at Henley Women's Regatta in the UK, and in the Diamond Jubilee Challenge Cup for Under 19 Quads at Henley Royal Regatta.

Jooya Kalantar started rowing at Nepean Rowing Club in 2015. He has attained a silver in two consecutive NSW State Championships in the under 16 single in 2018 and the under 17 single in 2019. Jooya won three gold medals in the NSW Grade Championships. In this year's National Championships, he attained two bronze medals in Queensland composite crews in the under 17 double and coxed quad. He also started attending Shore in 2017 and this year he was part of the 1st four that placed second at the



P.O. Box 208, FIVE DOCK N.S.W. 2046

GPS Head of the River.

Hannah Scarborough started rowing for Hunter Valley Grammar School in 2015. After trying rowing, she found a niche in coxing and has had a great deal of success coxing for her school at a variety of regattas including three first places in the Taree Summer Regatta. Hannah has participated in the NSW Pathways program, training with Sydney University in the Summer Camp at Taree and coxing the Sydney University crew to a win in the WB8+ at that regatta. At the NSW State Championships, Hannah won a silver medal in the Schoolgirl 4+. She is continuing her involvement with Sydney University through their Winter program.

Lauren Webber grew up in the Upper Hunter region. She attended PLC in Croydon for high school where she started rowing for the school in 2013. She won silver in the 2018 NSW School Girl Head of the River in the Schoolgirl Para 1x. In 2018 while still at school Lauren joined the para rowing squad at Balmain Rowing Club. Lauren gained Silver medals in the Para 1x and 2x events at the NSW Sprint Championships and went one step better in the same events at the NSW Grade Championships. Lauren has been selected to represent Australia at the INAS Global Games in Brisbane in October 2019. "I am thrilled and excited about being selected to represent Australia at the INAS Global Games in Brisbane. It is a huge honour", said Lauren.

Masters Rowing...a wrap-up of the 2018-2019 Season

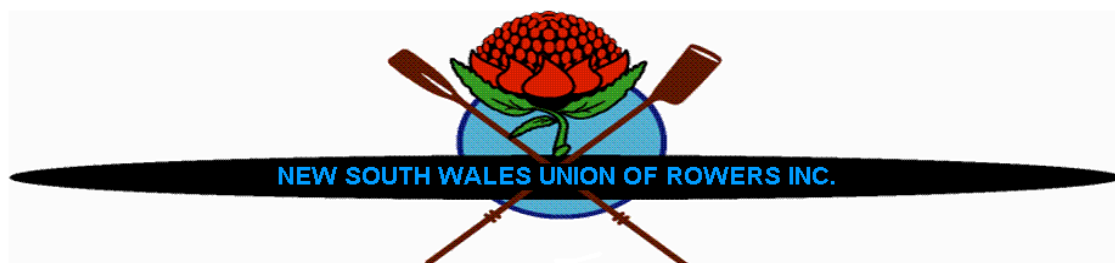
The NSW Masters Championships were held at SIRC over the weekend 4th & 5th May. The Regatta web page can be accessed via this link: <https://regattas.rowingnsw.asn.au/regattas/4569>

On the Web page there is an enormous amount of information: Results in several configurations, including searches on clubs, athletes and by boat class, live results and live streaming. The first 10 places on the Medals Table are given in this screen shot:

Medals Table

Composite Crews: one medal per crew (pro rata)

Rank ^	Club/School	State	Gold G	Silver S	Bronze B	Total Medals
1	North Shore	NSW	12.375	10	6	28.375
2	Mosman	NSW	10.375	12.25	5	27.625
3	Canberra	ACT	9.5	3.25	1.75	14.5
4	St George	NSW	7.375	4	4.5	15.875
5	Black Mountain	ACT	7	10.5	11.75	29.25
6	Nepean	NSW	6	1	1	8
7	Leichhardt	NSW	5.375	6.25	11	22.625
8	ANU	ACT	4.75	2.25	1.25	8.25
9	Glebe	NSW	4.25	5.25	2	11.5
10	Sydney	NSW	4.25	2.5	1.125	7.875



P.O. Box 208, FIVE DOCK N.S.W. 2046

Another way of looking at medals is to compile a list of the actual number of medals on the basis of athlete-medals as opposed to crew-medals. Here are the first 20, ranked on Gold medals:

Club	Gold	Silver	Bronze	Total	Club	Gold	Silver	Bronze	Total
North Shore	64	54	22	140	Manning River	11	2	6	19
Mosman	37	49	24	110	Lake Macquarie	10	13	5	28
Canberra	29	12	5	46	Drummoyne	9	6	4	19
Black Mountain	22	36	34	92	Newcastle	9	2	9	20
Leichhardt	18	29	38	85	Swan River	6	3	1	10
Sydney	18	11	3	32	Balmain	6	1	2	9
St George	17	11	13	41	Mercantile	5	0	0	5
ANU	13	7	5	25	Armidale	4	6	0	10
Nepean	13	1	4	18	SWMLC	4	2	9	15
Glebe	11	18	2	31	Brisbane Water	4	0	3	7

Of course, statistics can be massaged in many ways. One thing the web page does not tell you is the break-down of the 632 athletes by numbers per club. For example, North Shore had approximately 87 athletes competing, St George 21 and Swan River just 2. So this gives Swan River an average of 3 Gold per athlete, St George 0.81 Gold per athlete and North Shore 0.73 Gold per athlete. So if one is curious enough, the Regatta web page has stacks of information to keep statisticians busy for some time.

The Australian Masters Championships

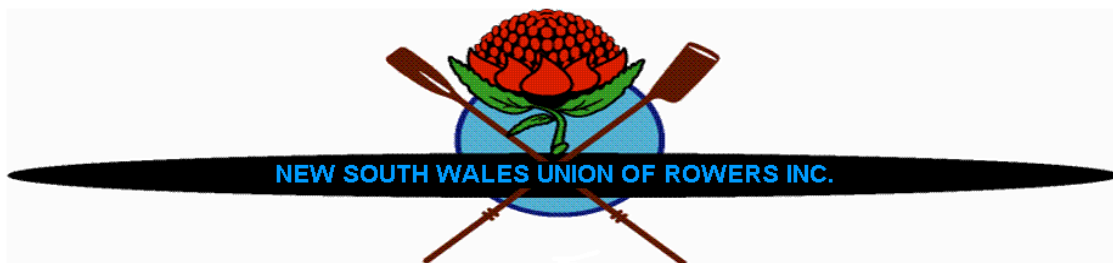
The NSW Interstate Representative Masters Crews are as follows (this information was in the April Newsletter)

Women's Quad

Jane Tribe	Mosman Rowing Club
Linda Mudronja	Mosman Rowing Club
Tiffany Hutcheson	Mosman Rowing Club
Rebekah Hourigan	Mosman Rowing Club
Coach: Steve Gordon	Mosman Rowing Club

Women's Eight

Daniela Borgert	Leichhardt Rowing Club
Jennifer Zonger	Leichhardt Rowing Club
Selina Pyle	North Shore Rowing Club
Annalisa Armitage	Leichhardt Rowing Club
Peggy McBride	North Shore Rowing Club
Nicki Blackwell	North Shore Rowing Club
Renai Venables	North Shore Rowing Club
Sarah Hill	Mosman Rowing Club
Coxswain: Laura Torrible	Leichhardt Rowing Club
Coach: Kim Rudder	North Shore Rowing Club
Coach: Steve Sherrv	Drummovne Rowing Club



P.O. Box 208, FIVE DOCK N.S.W. 2046

Men's Quad

Sean Donza	Endeavour Rowing Club
Gary Foster	Drummoyne Rowing Club
Sean Ryan	Brisbane Water Rowing Club
Rhett Pattison	Manning River Rowing Club
Coach: Jason Waddell	Nepean Rowing Club

Men's Eight

Paul Bartels	Mosman Rowing Club
Stuart Cowap	Sydney Rowing Club
Steve Harrison	St George Rowing Club
Andrew Hourigan	Mosman Rowing Club
Ken Major	Glebe Rowing Club
Darren O'Sullivan	Glebe Rowing Club
Alan Robertson	St George Rowing Club
Mike Wenzel	Glebe Rowing Club
Coxswain: Wendy Miller	Mosman Rowing Club
Coach: Will Liley	Mosman Rowing Club
Reserve: Mark Tietjen	Glebe Rowing Club

Both of the Quads came 4th in their races and both of the eights came 3rd. Queensland won both of the Eights races in exceptionally fast times: 2m 53sec for the men (NSW 2.56) and 3m 22 sec for the women (NSW 3.25). Victoria won both of the Quads races, the Women's event in an exceptionally fast time of 3.23.

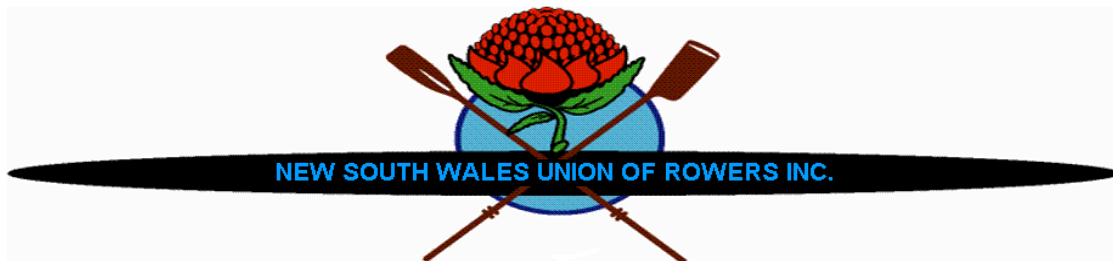
Full results for the Regatta can be found on the Regatta home page at <https://ra.rowingmanager.com/regattas/4429>

Here are some snapshots from the regatta which was conducted in almost perfect weather over the full 4 days of competition.

The Medals Table reveals that there were 78 Clubs competing (when you take out the seven State teams): 18 from NSW, 17 from Victoria, 11 from Queensland, 10 from WA, 9 from Tasmania, 8 from SA and 5 from the ACT. The last three AMRC's (Queensland, Tasmania and Western Australia) have tested the dedication of the states fairly remote from those locations, and consequently there is a lot of composite rowing. Individual clubs struggle to get the numbers attending these regattas to fill "Full Club" crews in any particular age category. Consequently, Full Club crews struggle to compete with the composite crews in open competition. In order to encourage Full Club crews, there is a "Club Gold" medal for the first Full Club crew in any final. Also there is an event (handicapped) for Full Club Eights. NSW was unable to field any crews for the Men's event, but there were three crews in the Women's event with North Shore making it to the final and coming 5th with an outstanding Melbourne University crew winning the event.

NSW Full Club crews which won Gold medals were:

MA2x Nepean



P.O. Box 208, FIVE DOCK N.S.W. 2046

MD1x Murwillumbah

MF2- North Shore

Leichhardt won the WA4+, the WB4+ and were 2nd in the WC4+ with the same crew.

WG2- Sydney University

There were a number of fully NSW composite crews which won events:

MA4x Nepean/Newcastle University/Manning

MB4x Nepean/Manning/Brisbane Water/Endeavour

MA4+ Nepean/ Brisbane Water/Endeavour

MI4- Mosman/Drummoyne/North Shore

The Women's Eights featured NSW rowers in winning crews:

WB8+ North Shore/Mosman/Leichhardt/St George/ Melbourne University

WE8+ North Shore/ANU

WF8+ North Shore/ANU/Canberra

Other events where the winning crew had NSW representation were:

WB4x Mosman/Leichhardt/St George/ANU

WD4- Leichhardt/St George/Lindesfarne

WF4- North Shore/Mosman/ANU

MJ-M4- North Shore/Endeavour/Canberra/Melbourne

In Single Sculling events, NSW had only one win as noted above with Scott O'Reilly winning the MD1x, but we had a lot of seconds, and mostly from large fields requiring heats. Seconds were as follows:

WA1x Wendy Miller Mosman Field of 13

WB1x Daniela Borgert Leichhardt Field of 15

WD1x Jenny Wilson Mosman Field of 17

WH1x Kaye Smyth Manning River

MA1x Jason Waddell Nepean Field of 12

MH1x Grahan Nix Manning River Field of 8

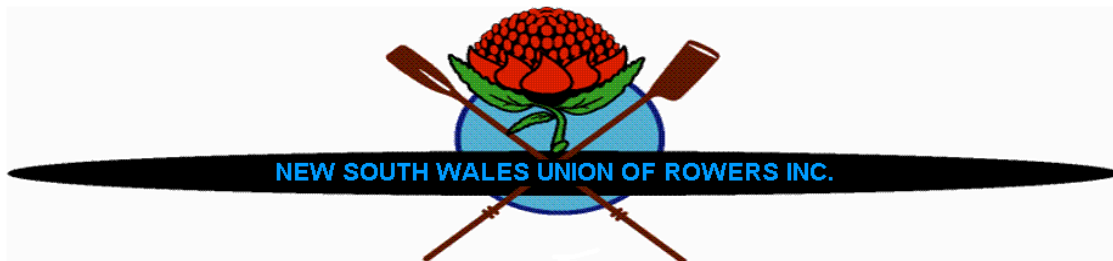
There were other good results for Full Club crews and crews that were predominantly NSW composites, but that is what the published results are for and one cannot go on listing every good result. So, that is a wrap up of the Masters season.

From the April Newsletter...

Manning River Rowing Club

“On Saturday 9th March during the Central Districts Rowing Association's Championships regatta, a freak weather event occurred which took the roof off the club house.”

The Rowing NSW Web page has, as its second News item posted on June 13th, a link to the ASF (Australian Sports Foundation) where you can make a donation to help Manning River Rowing Club repair their clubhouse. Here is a direct link. <https://asf.org.au/?s=manning+river+rowing+club> .



P.O. Box 208, FIVE DOCK N.S.W. 2046

Scholarship Club

The 2019 – 2020 Youth Development Scholarship Club is open and Members and Friends are encouraged to participate. Please check out the flyer and order form below:

Membership

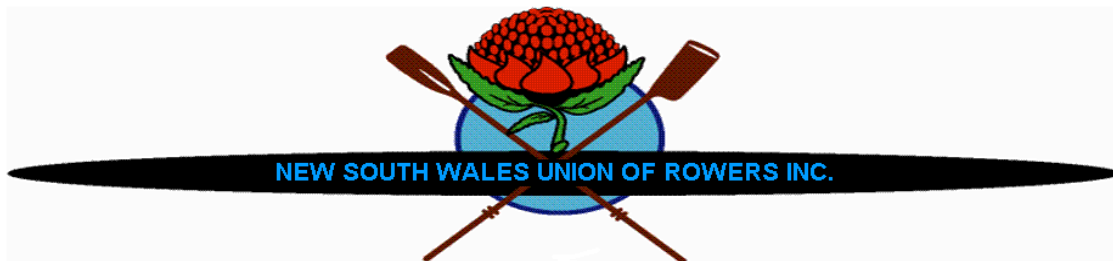
A reminder that membership renewals are due.

Over the course of the last 12 months we have found that at least a quarter of all the email addresses we have on file are faulty in one way or another, such as being inactive due to members having new email addresses. It is quite difficult and costly to contact members by snail mail.

At the end of this Newsletter there is the Membership flyer with which you can renew your membership and/or update your details.

Thus, if you are reading this newsletter on the Web Site and you think the details we hold for you are out of date, could you please contact the Union and update your contact details. A good indication that your details are out of date would be if you are not receiving issues of *Come Forward* by email.

On behalf of the Executive Committee
Regards, Kim Rudder



P.O. Box 208, FIVE DOCK N.S.W. 2046

NSW Union of Rowers Youth Development Fundraiser 2019-2020

Win \$1,000 in the Union of Rowers 2019 Youth Development Fundraiser

Tickets \$25 each or Five tickets for \$100.

The NSW Union of Rowers Youth Development Fundraiser for 2020 in support of our Junior Athlete Scholarships is now open.

The most significant activity of the Union of Rowers is the ongoing support the Union gives to promising young athletes each year. In 2018 the Union awarded nine scholarships of \$1,000 each, making 146 scholarships awarded since the scheme commenced in 1992. We are currently taking applications for the 2019 Scholarships which will be presented at the RNSW Presentation Dinner on May 17th.

To fund these awards the Union runs this Fundraiser, retails a range of rowing related products, as well as other activities for Members and friends. We are offering the rowing community an opportunity to support this very worthy cause.

The lucky draw will take place at the 2020 NSW Championships, when the holder of the winning ticket will receive a cash prize of \$1,000.

A ticket in the Youth Development fundraiser costs \$25. A contribution of \$100 provides you with five tickets. You can purchase as many tickets as you like.

The scholarships are presented each year at the Rowing NSW Annual Award Dinner in June. To purchase tickets, please complete the attached form and return by mail or email.

Best of luck in the draw.

Phillip Titterton
President

Kim Rudder
Honorary Secretary

The Honorary Secretary
NSW Union of Rowers
P.O. Box 208
FIVE DOCK NSW 2046

Email: secretary@nswrowers.com

Please reserve tickets in the Youth Development Fundraiser draw at \$25.00 each (5 for \$100)

Name: Contact Phone No:.....

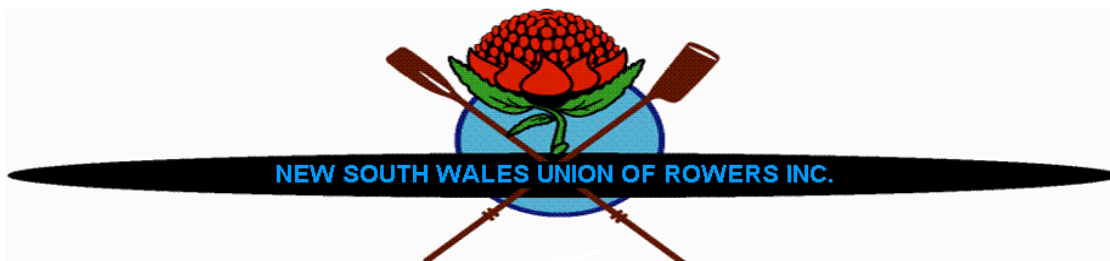
Payment by: Cheque (Payable to NSW Union of Rowers)

Payment by: Electronic Funds Transfer: Date of Transfer:

B/S/B: 062-169

Account: 0080 1400 NSW Union of Rowers

Please enter your surname as the reference.



P.O. Box 208, FIVE DOCK N.S.W. 2046

NSW UNION OF ROWERS INC. FROM THE PAST, TO THE FUTURE

Supporting and Encouraging
Junior Rowing In NSW

- Become a member
- Buy a Scholarship Club fundraiser ticket
- Buy rowing merchandise
- Make a tax-deductible donation

Our Mission

To perpetuate the highest tradition of sportsmanship within the rowing community through the continuing association and reunion of rowers

To foster, improve and perpetuate the sport of rowing and sculling.

To encourage junior rowing development by awarding a number of scholarships to exceptional young rowers.

To recognise and record the significant rowing achievements of individuals and organisations. To collect and maintain the archives of rowing in NSW.

Membership Application Form

Name:

Date of Birth: / /

Address:

.....

Email:

I commenced rowing in the year:

I rowed atschool/Uni

I am a member/supporter ofClub

Subscription (tick appropriate box)

..... 1 year \$15

..... 5 years \$40

..... Permanent \$200

..... Cheque enclosed

..... EFT to NSW Union of Rowers

BSB: 062169 Account Number: 00801400

On/...../..... Please enter your surname as reference and email copy of your receipt to

secretary@nswrowers.com

Signature of Applicant.....

Date:

Visit www.nswrowers.com to view the Union's constitution

Email completed form to secretary@nswrowers.com